

Ultimate Rehab is...



- Physical therapy in a comfortable and relaxed environment.
- Individualized treatment plans based on detailed patient evaluation.
- Hands-on therapy by a team of experienced professionals.
- A total experience designed for the benefit and continued well-being of our patients.
- Appointment times that fit your schedule.

"KPT has put me back on my feet, and they even gave me homework, which is great!" M.G.

"I couldn't have made the recovery I've made without KPT. They are very professional and extremely knowledgeable..." L.H.

"KPT has always given my patients excellent care." Dr. S.B.

Our Philosophy

KPT was founded in 1997 by Gary D. Kassimir MS, PT, CHT, a Maryland licensed physical therapist. Gary is a 1987 graduate of Long Island University with BS-MS degree in Physical Therapy. He has extensive experience in outpatient orthopedics, hand rehabilitation, splinting, and sports rehabilitation. Gary has been a certified hand therapist since 1998. Gary's clinical and administrative experience has provided him with a vision of *Ultimate Rehab* and continues to warrant positive changes and improvements within KPT. His vision is closely followed by clinical and administrative staff within the practice.

We would like to thank you for choosing Kassimir Physical Therapy and remind you that our facility is conveniently located at:

1777 Reisterstown Road
 Commercentre East, Suite 130
 Pikesville, MD 21208
 Telephone 410.415.5905
 Fax 410.415.5906
 E-mail: info@kptrehab.com
www.kptrehab.com



Directions:

From I-695: take exit 20 (North) towards Garrison. Turn right onto Hooks Lane. Make next right at the 1st traffic light (Greene Tree Road) and arrive at Commercentre. Make a left at the STOP sign and park behind the East Building. Suite 130 is on the first floor, left as you enter the building. Elevator available for your convenience.



Ultimate Rehab...
 through personal, committed care



Kassimir Physical Therapy, PA
 Commercentre East, Suite 130, 1777 Reisterstown Road, Pikesville, MD 21208

Office hours are by appointment:
 Monday, Tuesday and Thursday 8 am - 8 pm
 Wednesday and Friday 8 am - 5 pm, Saturday 8 am - 12 pm
 We accept most insurance plans.
 Please call our office at 410.415.5905
 to find out if we participate in your plan.
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Welcome

At Kassimir Physical Therapy we specialize in orthopedic, hand and sports rehabilitation. Some of the conditions we treat include:

- Acute and chronic musculoskeletal pain in any part of the body
- Post-surgery, post-fracture patients
- Patients in need of custom splinting, scar care and all types of durable medical equipment
- Injuries sustained during work, car accidents, sports, and various activities of daily living
- Nerve injuries, strains and sprains
- Arthritis, tendonitis, tendonosis, bursitis
- Gait and balance problems

Most of our patients are referred to KPT by the area's best physicians with confidence that they will achieve their *maximum functional potential* in a *comfortable environment*. Throughout the treatment experience, KPT provides personalized care from our licensed physical therapists and assistance from our caring staff. Large volumes of patient referrals and return patients are a testament to quality of care and the *Ultimate Rehab experience* provided at Kassimir Physical Therapy.

Comprehensive Evaluation

During the first visit at KPT the patient will receive a comprehensive *initial evaluation*. It begins with a detailed history and physical exam, which includes necessary tests and measurements. Once the evaluation is completed, an *individualized treatment program* is developed and goals are established based on the needs of the patient and recommendations of the referring doctor.

Our Personalized Programs

To help patients reach their rehabilitative goals Kassimir Physical Therapy offers a variety of clinically *proven treatments*, latest technology and equipment. We also provide an on-site gym, aquatic therapy at a local facility, and custom molded splinting by a certified hand therapist on staff.

Our focus on *manual therapy* and *customized exercise programs* at KPT have proven themselves effective in the rehabilitation of our patients. KPT's emphasis on proper patient education and follow-up home care extends to our website (www.kptrehab.com), where patients can find our quarterly news letters, home exercise programs and latest physical therapy updates.



Expert Care

At KPT we are dedicated to providing the *best treatment options* for our patients, which may include:

- Light therapy
- Cybex isokinetic testing & rehab (NORM)
- Therapeutic exercise programs and instructional videos
- Fluidotherapy
- Iontophoresis
- Whirlpool
- Paraffin
- Ultrasound/ Phonophoresis
- Gait training and analysis
- Massage
- All types of electrical stimulation
- Scar modification techniques
- Soft tissue and joint mobilization
- Vasopneumatic compression
- Biofeedback

Experience Ultimate Rehab

